Poly Shrink Flowers and Leaves

Tools needed:

1x Poly shrink translucent scalloped edge circle punch

flower shape punch small paper hole-punch

Fine grit sandpaper tiny glass beads headpins jump rings

pliers

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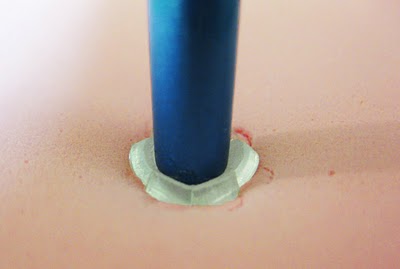
Before using your Poly Shrink, read sanding instructions on packet.

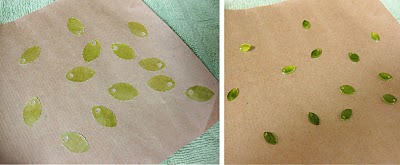
Once sanded use the flower shape punch, punched out several flowers. Then with a small paper hole-punch, center punched each.****

For the leaves, used a scalloped edge circle punch and made several circles that again ran back through the punch in halves to create 2 separate leaves per circle, colour them with a marker and punch small holes in the end of each.

**[](http://1.bp.blogspot.com/_aDCnyPs488U/S1IQ5Hmkz8I/AAAAAAAAGY4/gh_AR5HuKT4/s1600-h/flowersquish.jpg)**

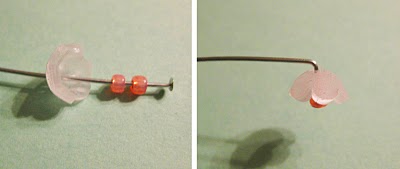
Following the Poly Shrink heating directions, bake each flower individually to shrink, scraped them onto a stack of cut craft foam sheets and immediately, while the flower is warm, squished with the end of a paintbrush to create a bowl effect.

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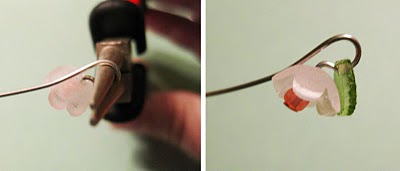
I then baked all my leaves at once.****

**[](http://2.bp.blogspot.com/_aDCnyPs488U/S1IRDlND4OI/AAAAAAAAGZQ/mYZ4-VSOKEU/s1600-h/shrunk.jpg)[](http://3.bp.blogspot.com/_aDCnyPs488U/S1IQ5XXpygI/AAAAAAAAGZA/stJok_5jL4I/s1600-h/IMG_0862.JPG)**

With tiny glass beads, headpins, jump rings and pliers, I created the finished flowers

.**[](http://2.bp.blogspot.com/_aDCnyPs488U/S1IREZMQSVI/AAAAAAAAGZg/APc1xfAF8vg/s1600-h/flower1.jpg)**

Threading two beads through worked best for the centre to stick out a bit from the bowl of the flower. I then stacked the flower and created a bend in the wire.

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Wrapping the wire around round-nose pliers, left an opening to thread on one leaf.

**[](http://4.bp.blogspot.com/_aDCnyPs488U/S1IREzvEeQI/AAAAAAAAGZw/tQrB-Oaoxrk/s1600-h/flower3-1.jpg)**

Finish with a few twists and a snip of the wire cutters.

**[](http://1.bp.blogspot.com/_aDCnyPs488U/S1IROj3uxOI/AAAAAAAAGZ4/Ng25i7TdOpc/s1600-h/flower-4.jpg)**

Finally, clustering flowers and leaves with jump rings I made a few different small bouquets pendants.

VARIATIONS: Try different flower shapes and colouring techniques. Coloured pencils create a very dark and rich result when baked, whereas markers are a bit more subtle. Use a fine-point Sharpie pen to write your children’s’ names or motivational words on the leaves